

Wakool Burraboi Public School Newsletter

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Term 3 Week 1 2019

Dear Parents, Students and Community at Wakool Burraboi Public School,

I am so excited to be here – this is a dream position for me as I have always wanted to be in a rural school that's not too hot (like Broken Hill – taught there in 2015) and not too cold (Snowy Mountains, from 2016-2018)...so this place geographically is just right... I'm hoping that everything else is just right too because job satisfaction is not just about the temperature and place. It is about the students first and foremost. My own child has become a student at this school and we are very privileged to be part of this community. I became a teacher 21 years ago in 1997 and I love encouraging students to love learning. I hope that this enthusiasm for learning can be shared with students at Wakool Burraboi Public School. I know that at times when new teachers or Principals start, it can be quite daunting and 'not right' for others – please feel free to call the school to leave me a message if you have any questions about your child, my teaching philosophy or anything else... I hope to touch base by phone over the next few weeks just to say 'hi'. I am here for Term 3 and (most of) 4. Mrs Chambers has shared her timetable and program with me so we are continuing and extending the awesome foundation set by her pedagogical practice.

Rebecca Foster

Relieving Teaching Principal

Congratulations to the Chambers Family!!!!

It is exciting to know that Mrs Chambers has had a baby boy, Jack Henry Chambers, born on 16 July at 4.14pm. We are wishing Mrs Chambers and family the best – with loads of happiness, health, rest and sleep!



This will be a busy term so keep the following dates in your diary:

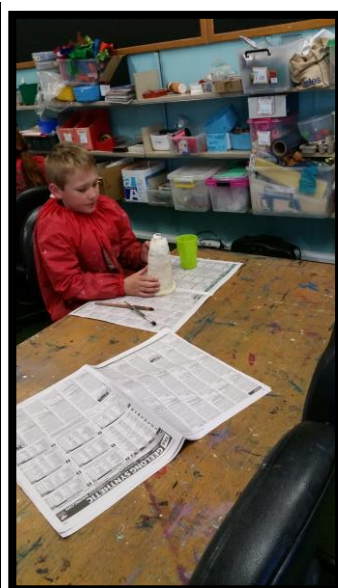
Athletics Carnival – Tuesday Week 3 – This will be with Moulamein Public School and notes and more information will be given soon. I apologise that parents may have hoped the carnival to be in Wakool but more staff are needed to run these events. We are looking into getting a bus so maybe parents can come on the bus too.

Ukelele lessons – Thursday during school time. We started today and all students were amazing at listening, learning and singing along with their strumming! See photos:



National Science Week – 10-18 August

There is a Science day trip to Barham during this time and more information TBC. Some Science experiments and practical activities from Geography last term:



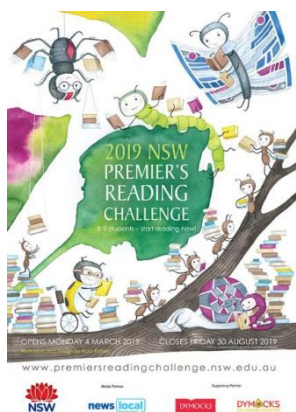
Book Week – Wednesday Week 5 – 21 August

Be ready to dress up as we have prizes for the BEST PARENT COSTUME as well as prizes for students and visitors. Buy your costumes now – one great place to buy costumes is from www.costume.box.com.au [... we do not get commissions for purchases but from previous knowledge of dealing with this company, costumes arrive quickly and there are a variety for sale] OR for those who make their own costumes, there will be a 'BEST HANDMADE COSTUME PRIZE' too! This will be a morning session with a BBQ to follow.

Counsellor – at this time limited referrals for students have been made... there are more places for students to access counselor support if parents deem this to be of value. Please speak with me to attain a referral form.

NAIDOC Week – This week officially / nationally happened during school holidays. However, as DEC schools and myself esteem the lives of Aboriginal and Torres Straight Islander people to be indeed part of the foundational fabric of Australia, we will be celebrating Aboriginal culture with a very special visitor soon to talk about the amazingly rich culture and heritage of Aboriginal people and places.

Open Mornings on Thursday and Friday – This is from Week 3. This is a time from 8.30-9am when parents can come into the school and view the learning with which your child is engaged. Any questions can be informally discussed. If a more formal meeting is required, please contact me by calling the school to leave a message and I will call back asap.



Premier's Reading Challenge!!

The Premier's Reading Challenge has continued into this term and K-2 students are privileged to be able to record books read by adults...hopefully they are also reading to you too! The challenge for Year 3-6 students is to read books independently. Students will be borrowing books from our school library weekly on Monday and Thursdays. Students in Year K-2 need to read 30 books by August to receive acknowledgement.

Students have a reading journal as part of their homework activity.

I will be recording books on the website. To find out more or to log books at home the web address is as follows:

<https://online.det.nsw.edu.au/prc/studentExperience.html#/>

HEALTHY FOOD challenge

We are starting a **healthy food** challenge – to start this challenge we are changing the 'food warmer' days to Monday and Wednesday only as many **sometimes foods** are becoming '**everyday foods**'.

HEALTHY FOOD CHALLENGE – eat less sugar... Q. How much sugar do you eat now? How many grams are in your food – check out the labels...Can you cut this by one teaspoon per day?

Cancer Council NSW Healthy Lunch Box website

06/04/2019 **Help for Parents, Lunchbox**

With children eating at least 2500 lunches throughout their time at school, the task of packing a healthy school lunch box is made easier with the Cancer Council NSW Healthy Lunch Box website: healthylunchbox.com.au.

The website is full of recipes, ideas and tips, and includes an interactive lunch box builder, to help parents and their kids plan a healthy lunch box at home, or on the move with their smartphone or tablet.



The **Healthy Lunch Box website** shows how easy it can be to pack a lunch box with foods that kids will love to eat. Choosing and packing foods from the five food groups, including more fruit and veg, helps set up healthy eating habits that have lifelong benefits.

Check out: <https://healthy-kids.com.au/food-nutrition/guidelines-recommended-intakes/>

Q: What vegetables are sailor's enemies?

A: Leeks

Knock knock! Who's there?

Lettuce!

Lettuce who?

Lettuce in and you'll find out!

Q: What's a vampire's favourite fruit?

A: A neck-tarine!

Q: What's brown, hairy and wears sunglasses?

A: A coconut on vacation!

Q: Why did the banana go to the doctor?

A: Because it wasn't peeling well.

Q: What key do you use to open a banana?

A: A monkey.

Q: What school subject is the fruitiest?

A: History because it is full of dates!

Knock, knock

Who's there?

Bean

Bean who?

Bean a while since I saw you!